





# You have been... Fred Roger-ed!

## What does kindness look like?

The question above is the prompt we gave to our artists at Latrobe Art center. On the opposite side of this card, you will find submissions from those artists. However, we do not want the kindness to stop at these works of art. Latrobe Art Center is determined to spread kindness during the week of **May 23-29**, and we invite YOU to join us! Beginning with PA's own designated day of kindness (1-4-3 Day) inspired by the legacy of Fred Rogers, join us in performing acts of kindness for individuals, families, and local businesses. Our goal is to create a ripple effect of kindness throughout Latrobe and surrounding communities!



## What to do now?

- 1.) Think of an act of kindness that you can do for an individual, family, or local business. You can find ideas by visiting our website, [www.latrobeartcenter.org](http://www.latrobeartcenter.org).
- 2.) "Attach" this card to your act of kindness, and leave it behind to keep the kindness going.
- 3.) Visit our website, [www.latrobeartcenter.org](http://www.latrobeartcenter.org), and **Facebook page**, and share your acts of kindness with us including the hashtag, **#YouveBeenFredRogered**. Videos and pictures are encouraged!
- 4.) Watch as the world becomes a better place!